

#### Town Manager's Newsletter

August 2019



Jodi Ross, Town Manager

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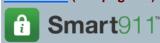
#### **Important:**

Please sign up to receive updates on the latest road construction in town.

Subscribe to Notifications



Sign up for Westford's new Emergency
Notification service—
Smart 911 (see page 11)



Farmers Market
Tuesdays
August 20 & 27
2:30PM - 6:30PM
Westford Town Common

Health + Wellness Fair September 28 9 AM—Noon Family Fun Festival 11 AM– 2 PM Stony Brook School



#### Dear Westford residents,

The Board of Selectmen's August 2019 meeting dates were changed to August 20<sup>th</sup> and 27<sup>th</sup>.

On August 20, 2019 at 7:15PM in the Selectmen's Town Hall Meeting Room there will be a Public Hearing to discuss the request from National Grid to remove or prune approximately 700 public shade trees in accordance with M.G.L. c. 87 §3, Public Shade Tree Law. The roads with town trees impacted includes: Concord Road, Abbot Street, Pine Street, Town Farm Road, North Main Street, Country Road, Beaver Brook Road, Pleasant Street, East Prescott Street, and Palermo Street.

At the last Board of Selectmen meeting, the board reviewed funding options for Stormwater Management, including how meeting the new requirements would impact town and school budgets if done through taxation within the levy limit. They will make their decision relative to how to proceed with funding at their meeting on August 27<sup>th</sup>, 2019. For information on Stormwater Management click this link here: **Stormwater.** 

The 63 Main Street Task Force has concluded their findings from the online survey. Selectman Elizabeth Almeida will report on the survey results at the board's meeting on August 27<sup>th</sup>, 2019. The survey results are available to view at the following link: **63 Main Street Survey Results.** 

On July 23, 2019, the Board of Selectmen discussed Ebi Masalehdan's property at 66-68 Boston Road. Masalehdan inquired if the town would be interested in purchasing the property from him, and he has submitted a price. The Board will be considering his offer at their next meeting and will decide on whether to bring the request to Special Town Meeting.

The Selectmen also discussed the ruling by the Ayer District Court relative to the dangerous dogs owned by Haley Gallagher, 10 Wilson Farm Road, and unanimously voted to issue an order that the dogs shall not be permitted outdoors unless they are securely and humanely muzzled, are kept within a secure fenced-in enclosure from which they cannot escape, or they must be securely and humanely muzzled and restrained with a leash having a minimum tensile strength of 300 pounds, not exceeding 3 feet in length, held by an adult capable of controlling the dogs.

Animal Control Officer Hirschler reported that the dog owners at 6 North Street have complied with the Board of Selectmen's Decision and Order to build a six-foot fence around their property to contain the dog.

It was voted 3-0-1 at the last Board of Selectmen's meeting to review the Town Charter for gender neutral/inclusive language and incorporate a warrant article at our upcoming Special Town Meeting on Monday, October 28<sup>th</sup>, 2019.

(Continued on next page)

Selectman Almeida announced at the last Board meeting that Principal Kevin LaCoste of the Col. John Robinson school was in a terrible accident at his home on July 21<sup>st</sup>. There was a benefit, the "LaCoste Strong Lemonade Stand and Book Reading" on Thursday, August 15<sup>th</sup>, 2019 at the Town Common where all proceeds were donated to the LaCoste family. There will also be a lemonade stand at the town Farmers Market on August 27<sup>th</sup>.

In 2018 the Westford Garden Club donated trees, shrubs, and flowers to re-landscape the front of Town Hall. Our Highway Department cleared the old landscaping and the Club hired Weston Nurseries, a landscape designer who we worked with on the new plan. The Highway Department then planted last spring and a plaque has just recently been installed in recognition of the Garden Club's generous donation.

Our Parks and Recreation Department is hosting a Summer Beach Party at East Boston Camps, located at 66 Depot Street from August 12<sup>th</sup> through August 16<sup>th</sup>, 2019 and August 19<sup>th</sup> through August 23<sup>rd</sup>, 2019 from 9:00 AM – 4:00PM for ages 4-14. The program is in place to cover the time that the traditional summer programs and camps are not available. More information may be found here: Summer Beach Party at East Boston Camps.

This year's Middlesex County 4-H Fair will be held on August 23<sup>rd</sup>, 24<sup>th</sup>, and 25<sup>th</sup>, at the 4-H Fairgrounds located at 55 South Chelmsford Road, Westford, MA.

The fair will begin with a parade and Opening Ceremony on Friday August 23<sup>rd</sup> at 12:30PM. Click the following link for more information and to find the daily schedule: Middlesex County 4-H Fair.





On July 22<sup>nd</sup>, 2019 Deputy Fire Chief Dan Britko and Fire Captain Mark Valcourt participated in an Emergency Preparedness training exercise in Portsmouth, NH. There were Firefighters from many other departments also in attendance that day. The training was put on jointly by PanAm Railway, Dow Chemical and others.

(Continued on next page)

Congratulations to Rae Dick in the Health Department on her promotion from Health Agent to Director of Environmental Services. I would also like to welcome our new Assistant Town Planner Matthew Salem, our new Town Clerk Records Supervisor Alyssa Ingalls, Richard Layne with the Fire Department, Richard Leonard with the Highway Department, and Patrolman James Antonelli, Jr with our Police Department.

There are several openings on our local boards and committees, including: 12 North Main Task Force, Affordable Housing Committee, Agricultural Commission, Community Center/Mill Works/Recreation Department Task Force, Constable, Cultural Council, Election Officer, Energy Committee, Healthy Westford Committee, Historical Commission, Nashoba Valley Technical High School District, Northern Middlesex Council of Government, Parkerville Schoolhouse Committee, Parks and Recreation Commission, Pedestrian Safety Committee, Permanent Town Building Committee, Tax Possession Sale Committee, and Zoning Board of Appeals. I urge you to



Patrolman James Antonelli with Town Manager Jodi Ross

peruse our website for information about the work of these committees; and if you have interest, please complete a Citizen's Activity form at this link: <u>Citizen Activity Form</u> or stop by and fill out a form in the Town Manager's office.

Would you like more detailed information on Board of Selectmen meetings? Click the following links to access: **Board of Selectmen Documents** & **Board of Selectmen Meeting Videos**.

Please mark your calendars for our Special Town Meeting to be held on Monday, October 28<sup>th</sup>, 2019 at 7:00PM in the Abbot Elementary School gymnasium located at 25 Depot Street. The Special Town Meeting Timeline is now available at the link here: Special Town Meeting Timeline

Please do not forget to join us at the Farmers Market on Town Common on Tuesdays from 2:30PM – 6:30PM. There are currently only 2 markets left, however we may consider extending the market through September. Please keep an eye out for our update!

Sincerely,

Jodi Ross Town Manager

#### July at the J.V. Fletcher Library

Our programs are generously funded by the Friends of the J.V. Fletcher Library, Inc.



**Feasting with Your Instant Pot: Thu., Aug. 22 at 6:30 p.m.** The instant pot craze is here, are you on board? Join Chef Liz Barbour for a cooking program that will help take the mystery out of this amazing, time-saving kitchen tool. Liz will demonstrate two recipes that you can recreate at home, and then offer samples for everyone to enjoy! Ages 14 and up. FREE! Register here or call 978-399-2304.

**Summer Reading Books**: Are your kids working on their summer reading? Our Youth Services Department has copies of the summer reading lists and copies of the recommended titles. We also have a selection of gently used free copies courtesy of the Friends of the Library.

**J.V. Fletcher Adult Nonfiction Book Club: Tues., Sept. 3 at 7:00 p.m.** Is truth stranger than fiction? Is it more entertaining? Find out in the Adult Nonfiction Book Club. Our September 3rd book discussion will be *The Guns of August* by Barbara Tuchman. Copies are available at Main Desk. No registration required. Check out our Reading List.

**Bay Circuit Trail: Thu., Sept. 5 at 7:00 PM** Come learn about the Bay Circuit Trail! This 200 mile trail through natural open spaces extends all the way from Newburyport north of Boston to Duxbury south of Boston, and passes through Westford. Dan and Marilyn Brielmann will present music and pictures while describing the many sights along the trail, as well as its history and current conditions. Ages 14 and up. FREE! Register here or call 978-399-2304.



Harry Potter's Birthday Party 2019

(Continued on next page)

#### June at the J.V. Fletcher Library (Continued)

Our wildly popular Story Time and Book Club online registration for children opens Monday, September 9 at 6:30 p.m. Mark your calendars!

**Teddy Bear Picnic with Music by Sarah Gardner: Wed. Sept. 11 at 11:30 a.m.** Pack up your favorite teddy bear (or stuffed animal) and a picnic lunch and party with us on the grass in back of the library. FREE for all ages. If it rains, please eat before you come; the concert will then be held in the Meeting Room.

**KonMari Tidying Workshop: Thu., Sept. 12 at 7:00 p.m.** Need to declutter? Come learn the basic principles of the KonMari Method! Certified KonMari consultant Cristin Condon will discuss the method's myths and misconceptions, how to set yourself up for success before you start, how to maintain your success, and the effects of KonMari on your life. You can even bring a "tough to fold" item for a folding demonstration! Ages 14 and up. FREE! **Register here** or call Information Services at 978-399-2304.

J.V. Fletcher Adult Book Club: Thu., Sept. 12 at 7:30 p.m. Please join us to discuss *Between the World* and *Me* by Ta-Nehisi Coates. Copies of the current reading selection are available for check-out at the Main Desk. New members are always welcome. No registration required. Check out our Reading List.

**J.V. Fletcher Digital Archive:** The Library has digital copies of **The Jubb Brothers Civil War Letters** and **The Rustic** (A newspaper that included local news from Westford and surrounding towns for the year 1885.) We have also digitized more of our microfilm collection of **The Westford Eagle**. We now have digitized copies of The Westford Eagle from 1970-1990. For issues of The Westford Eagle from 2005 to May 2019 and The Eagle Independent from June 2019 to the present, please refer to the **Databases** page.

**August Book Displays:** Throughout the library you will see themed displays to inspire new reading selections. This month we will be highlighting genealogy, the "dog days of summer", and "back to school". Our displays change monthly so be sure to take a look.



Please visit <u>www.westfordlibrary.org</u> for more information about the library and our upcoming programs.



#### **SEPTEMBER 28TH 2019**

at The Stony Brook Middle School

Health and Wellness Fair 9 Am- 12 PM 🛑 Family Fun Festival 11 Am- 2 PM

















#### FAMILY FUN FESTIVAL And HEALTH + WELLNESS FAIR

food trucks - fundraising - pie-in-the-face - games - health screenings - class photos - marketplace

#### **HEALTH + WELLNESS FAIR** 9:00AM - 12:00PM

9:30 & 10:30 Trail Fun Run 9:00am-12:00pm Track Fun Run 30+ booths in the Stony Brook auditorium

#### **FAMILY FUN FESTIVAL** 11:00AM - 2:00PM

food trucks, piefest, shopping, carnival games, touch-a-truck, class photos, local businesses fun filled family festival

#### WWW.WESTFESTMA.COM

#### PROUDLY PRESENTED BY





WESTFORD HEALTH DEPARTMENT

## Nab School Walkway

Walkway beautification project Saturday, August 24th, 9 AM.

Our paved walkway from Polley Road needs trimming and general clean up. Please join us for an informal Community Beautification Project.



Meet in the School parking lot, near the walkway, 9 AM.

#### **Cameron Senior Center**

#### Cameron Offerings For ages 55 plus...

#### **Introduction to Medicare - September 10th at 6 P.M.**

Are you turning 65? Thinking of retiring? Do you have questions about Social Security and Medicare? Join us for an overview of pre-retirement actions, how to file for benefits, when to file for Medicare, and more. There will be time for questions and answers. It's never too early to begin preparing. Please register at 978-692-5523 by Friday, September 6th

#### **End of Summer Party at East Boston Camps**

Canoeing, archery, water balloon toss, Cameron UPBEATS Band, BINGO/prizes, great company with guests from our Recreation and Health Departments leading activities and doing tick checks just in case...

activities and doing tick checks just in c

Transportation will be provided for those who need a ride and/or do not wish to walk from their vehicle from lower parking areas. We have the camp grounds all to ourselves so come and enjoy some delicious eats which will include: pulled pork sandwich, coleslaw, chips an assortment of homemade cookies and brownies, watermelon, drinks which will be served in the dining

A lot of fun so join us on Friday, September 13th from 11:30-3:00. Please RSVP to 978-692-5523.

Cost: Friends Members age 55+- \$6 and Non-Friends 55+- \$10. Event sponsors: The Cummings Foundation, Greater Middlesex

Charitable Foundation, Westford Conservation Commission and Conservation Department.



Savings



#### Free organic vegetable distribution – 12:30 every Thursday through October

We are excited to have our relationship with Gaining Grounds of Concord once again offering their organic produce to all Westford residents that meet income guidelines. To participate one must sign an income attestation on the day of produce pick up. This distribution is held at the Westford Housing Authority at 65 Tadmuck rd in the Community Center. Because this program is so desirable people often arrive early so we will pass out numbers starting at 12:30. The freshly picked vegetables will be distributed at 1:00. Distribution will be every Thursday into the fall. \*Income Guidelines are based on Fuel Assistance: Household of 1 \$35,510, HH of 2 \$46,437, HH of 3 \$57,363, HH of 4 \$68,289. For additional information feel free to call Annette at 978-399-2326

#### **Springtime Tulip River Cruise Discovery**

Featuring Dutch and Belgian Waterways Exploring the Rivers of the World (**April 28**<sup>th</sup>- **May 6**<sup>th</sup>, 2020):

Collette's River Cruises are a slower, more intimate way to explore the waterways and sights. These adventures, on small 4-star vessels, are an easy way to travel through the world's beautiful waterways. Plus, when you step off the ship with a Tour Manager by your side, you'll truly come to know the people and places along the river. Highlights: Experience Kinderdijk, home of Holland's largest collection of windmills, Return to medieval times during a walkway through Bruges, Travel to Arnhem, the favorite summer retreat for the royal family and much more. For more information please feel free to contact Katie at 978-399-2330.

Collette Travels will be holding an informational session on this trip around Nov./Dec. 2019, so if you would like to attend please contact Katie.

To view the complete Council On Aging Newsletter please visit our website: <a href="https://www.westfordma.gov/coa">www.westfordma.gov/coa</a> and click on <a href="https://www.westfordma.gov/coa">Newsletters</a>.

#### Cameron Senior Center (Continued)

#### SEPTEMBER ~ Celebrating National Senior Center Month!

#### LIVE THEATER SHOW – "ISABELLA", Friday, September 20 at 1 PM.

**Delvena Theatre Company** will be with us again this year for another live theatrical edutainment production written by Fran Baron. The show will feature Fran Baron as Isabella and Lynne Moulton as her maid Lottie. Step back in time and meet Isabella Stewart Gardner, the famed founder of our own Gardner Museum in Boston. Learn about her life, charm, friends and acquaintances, travels, stylish taste and unconventional behavior! The cast will be open to the audience for discussion regarding Isabella after the performance.

As always, we will have a celebration with root beer floats following the show. A fun time for all! Please call 978.692.5523 to sign up for this FREE show.

This program is supported in part by a grant from the Westford Cultural Council, a local agency, which is supported by the Massachusetts Cultural Council, a state agency.

#### Circuit Training - starting Tues. 9/3 at 4:30 & Thurs. 9/5 at 3:30

Sign up now for an eight-week circuit training class in our fitness room on Tuesdays 4:30-5:30 p.m. or Thursdays 3:30-4:30. With the help of an instructor, come learn how to use the cardiac and strength equipment and create a personal exercise program that addresses your goals and health concerns. The cost is \$40. Please call 978-692-5523 to sign up.

#### Holiday Basket Program- Together we make the holidays memorable for all!

The Cameron Senior Center will be partnering with SVdP Society of St. Catherine's Church and the Westford Food Pantry for the Westford Holiday Basket Program. This program serves Westford families and individuals who would like to cook a Thanksgiving or Christmas meal, and are facing a financial hardship. If you are interested in donating to the program, please contact Katie Russell at 978-399-2330. If you need food assistance for a Thanksgiving or Christmas meal, please call Alison Christopher, LICSW at 978-399-2325 to request a simple application. Please note: The deadline to apply for holiday basket(s) applications to be submitted is October 18th for both holidays.

#### Important legal document clinic instructed by Madge and Johnson, PC, Two Part Series

Sept. 26<sup>th</sup> & Oct. 22<sup>nd</sup> at 5:30 pm

If you were to become incapacitated, do you know who you would want to act on your behalf to make medical and financial decisions for you? If so, do you have the legal paperwork to make that happen?

In Part 1: You will learn what are Durable Powers of Attorneys, Health Care Proxies and HIPAA Authorization and Release Forms. You will fill out forms to allow the attorney to draft these documents for you to sign on Oct. 22nd to make them effective. The attorney will meet with each person interested in Part 2 of the series to determine if you are a good candidate based on the information you provide.

Part 2: This section will involve the attorney reviewing each of these documents in general with the group and then documents will be properly signed under the supervision of the attorney. At the end of Part 2, you will leave with validly executed and prepared Advance Directives that reflect who you wish to serve in the roles described on your information sheet.

This Advance Directives Legal Clinic is being provided by the law office of Madge & Johnson, PC. located at 3 Lan Dr., Suite 101, Westford, MA 01886. Both meetings for Part 1 and Part 2 will be conducted at the Cameron Senior Center. While the cost for Part 1 is free, the cost payable to Madge & Johnson, PC to obtain the Advance Directives in Part 2 is \$300 per individual and \$350 per couple if the parties named in the documents are the same.

Please register for this clinic at the Cameron, 978-692-5523 by Fri. 9/20.

#### **Recycling Commission**

**NOTICE:** Monday, September 2, 2019, is the Labor Day holiday. Trash and recycling pickups will be one day later than usual that week.

Since July 1, residential and municipal recycling in Westford has been picked up by Waste Management. We appreciate your patience during this transition. Should you encounter an issue, please call Waste Management at 1-800-972-4545. If your question is not answered in 24 hours, please call the Town Manager's office at 978-692-5501.

#### **ELECTRONICS & MUCH MORE COLLECTION**

Saturday, September 7, 2019, 9 am – 1 pm Westford Highway Garage, 28 North Street

Westford utilizes the services of Northeast Materials Handling of Ayer, Massachusetts. This is a fee-based collection OPEN TO ALL. CASH OR CHECK ONLY (checks should be made out to "Northeast Materials Handling"). The Town of Westford receives no proceeds from this event. Coordinated by the Westford Recycling Commission.

Download our event brochure for acceptable items and fees:

https://westfordma.gov/DocumentCenter/View/8166/ECEFall2019?bidld=

#### **Winners of Earth Machines**

The Recycling Commission sponsored two drawings at the Farmers' Market for free Earth Machine backyard composters for Westford residents. The winner on July 23 was Kim Rose and the winner on August 6 was Dave Ebitson. Congratulations!

#### HOME COMPOSTING with an EARTH MACHINE

Since food waste is heavy, not putting it in the trash but composting it instead reduces Westford's trash collection costs. The compost produced can also benefit the environment.

Westford residents can purchase an Earth Machine back yard composter at a discounted rprice of \$25 by contacting Denise Seyffert at 978-692-6986. It comes with composting instructions. The regular price of an Earth Machine at a home improvement store is \$99.

Placing fruit and vegetable kitchen scraps, coffee grounds, eggshells, tea bags, shredded paper, grass clippings, sawdust, pine needles, and leaves in your Earth Machine will produce useable compost called "black gold," a rich soil conditioner.

In 1993, Massachusetts banned yard waste from the trash in an effort to reduce garbage, save money, utilize valuable organic waste, and provide nutrient rich compost for home lawns and gardens. Using compost on the soil adds essential nutrients, improves root growth, and helps retain moisture, which can help lower water bills.



#### **Recycling Commission**

### Empty.Clean.Dry.

The new way to recycle.

**EMPTY -** remove food or product residue.

**CLEAN** - rinse or wash empty containers.

**DRY -** let containers dry before placing in your recycling bin or toter.

For answers on what is and what is not recyclable, go to the

Recyclopedia: <a href="https://recyclesmartma.org/">https://recyclesmartma.org/</a>. Bookmark this page!

#### **Alerts from the Westford Recycling Commission**

PLASTIC BAGS, empty or filled, are NOT acceptable in recycling bins and toters.

TANGLERS - Cords, coat hangers, light strings, plastic 6-pack rings, garden hoses, wires, strings, ribbons, and chains - are prohibited from recycling bins and toters.

CAPS and LIDS – Replace caps and lids on clean bottles, jars, and cans or toss lids in the trash. Do not discard them separately in recycling.

PLASTIC YOGURT CUPS – Toss cups in recycle bin. Put aluminum lids in the trash.

BLACK PLASTIC TAKE-OUT CONTAINERS - Put this item in your trash. Clear plastic lids can be rinsed and recycled.

Please visit <u>www.westfordma.gov/recycling</u> for your recycling and trash questions.

Reduce! Reuse! Repurpose! Recycle!



#### **Health Department**

#### SEPTEMBER IS PREPAREDNESS MONTH

#### Celebrate September with a 72-Hour Kit!

September is National Preparedness Month: the kickoff to the season when Americans are urged to get ready for emergencies. Anyone can get started with three basic steps that are recommended by disaster agencies:

- 1. **Be Informed** Learn about the hazards in your area
- 2. Make A Plan Write down essential steps, phone numbers, and meeting places
- 3. **Get a Kit** Have a 'go bag' ready in case you must evacuate quickly

You can find useful tips about preparedness on web sites such as these:

<u>ready.gov/</u> <-- Department of Homeland Security / FEMA

cdc.gov/ <-- CDC; see the Emergency Preparedness tab

redcross.org/get-help/how-to-prepare-for-emergencies.html <-- American Red Cross



Many places sell ready-made emergency kits. You can also build your own, using items that you may already have at home. Start by choosing a *container* for your kit: a backpack, duffel bag, tote – or even a clear plastic bin, if the kit may be stored in a damp basement. People who have difficulty carrying heavy items may prefer a container with wheels.

Place 'starter' items into the container. The photo shows a sample kit in a backpack that includes work gloves, goggles, foil blankets, flashlights with batteries, a tarp, duct tape, a length of cord, and first aid supplies. The goal is to be as self-sufficient as possible for the first 72 hours of a disaster.

Then insert personal items such as non-perishable snacks, important phone numbers, a small supply of medication, toiletries, spare keys, and a deck of cards.

For a full list of recommended kit items and other preparedness suggestions, contact:

## Westford Health Dept. Jeff Stephens, Director 978-399-2543

istephens@westfordma.gov

Upper Merrimack Valley Medical Reserve Corps Nancy Burns, Coordinator 978-399-2549 nburns@westfordma.gov



#### Health Department (continued)

#### TICK AND MOSQUITO ADVISORY AUGUST 2019

In Massachusetts, West Nile virus infection (WNV) and eastern equine encephalitis (EEE) are the two viruses people may get if they are bitten by an infected mosquito. There are few cases of these infections each year, but most cases of WNV and EEE occur in late summer and early fall. This year, EEE has infected one person to date. Lyme disease, caused by a bite from an infected deer tick, is the most common tick-borne disease in Massachusetts. Lyme disease can cause serious complications if it is not recognized early and treated appropriately. There has also been recent identification of other tick species that have only survived in the southern states, such as the Lonestar Tick.

With outdoor fall activities are not far away, and summer activities are still in full swing, here is a reminder of some of the tips that the Department of Public Health has issued to help residents remain safe while enjoying outdoor activities.

- Limit your time outdoors during peak periods of mosquito activity (dusk and dawn). Wear a long-sleeved shirt and long pants if you're out during dusk and dawn.
- Use a mosquito repellent that contains DEET or Picaridin. Oil of lemon eucalyptus may also be considered. Always follow the directions on the label.
- DEET will also repel ticks, but sensible clothing and sticking to clear pathways and open areas when hiking helps avoid ticks as well.
- If you are out in an area with ticks (and these ticks occur all across the state), then do daily
  tick checks on you and your children, and remove ticks carefully according to directions
  you can find on the DPH web site
- Cover the arms and legs of children playing outdoors. Cover a baby's carriage or playpen with mosquito netting.
- Fix any holes in your screens and make sure they are tightly attached to all doors and windows.
- Remove any standing pools of water around your home. Mosquitoes will breed in any
  puddle or standing water that lasts for more than four days. Make sure water does not
  collect and stagnate in ceramic pots, trash cans, recycling containers, old tires, wading
  pools, bird baths, etc. Remove leaves and debris that may prevent drainage of roof
  gutters.
- See the DPH web site for suggestions about how to reduce the number of ticks around your house and property, or contact the Westford Health Department at <u>978-692-5509</u>.
- You may also find helpful resources at <a href="www.cmmcp.org">www.cmmcp.org</a> The Central Mass Mosquito control project.

Westford is currently considered low risk community for EEE and WNV. This does not mean residents should not take precautions though. To follow the communities where have been positive mosquito samples containing EEE and WNV check out <a href="https://www.mosquitoresults.com">www.mosquitoresults.com</a>.





FREE AT WESTFORD HEALTH FAIR WITH PRIOR REGISTRATION

# Comprehensive Baseline Concussion Testing

September 28, 2019 | 9 AM-12 PM Stony Brook Middle School 9 Farmers Way, Westford, Ma 01886

11 years and older. Registration is required. To register, email Jessica at jgravel@emersonhosp.org

#### **TESTING INCLUDES:**

- ImPact Baseline
- Balance Error Scoring System
- King-Devick Concussion Screening Test

## Combining Sophisticated Technology & Clinical Assessment

Baseline testing provides your athlete's physician with objective assessments necessary for smooth transition to recover and safely return to play, should a concussion be suspected.

With baseline testing, the athlete's physician will have data to compare pre- and postconcussion cognitive and physical performance.

All testing is performed by certified licensed physical and occupational therapists.



